



## West Monkton Church of England School

A place for growing together and learning to fly.

Headteacher Helen Newstead    Chair of the LSC Tom Moore

Monday 15<sup>th</sup> December 2025

**Dear Parent/Carers,**

At West Monkton, we are committed to creating a safe and respectful environment for all children. Recently, we have noticed some behaviours that do not align with our school values, particularly around understanding personal boundaries, social space and privacy.

We would like to ask for your support in reinforcing the message around personal boundaries at home, as we know that for some children these behaviours can sometimes be misunderstood and carried into school. This is an important part of safeguarding and helps children develop a clear understanding of personal space, respect for themselves and others, and appropriate behaviour.

Please take some time to talk to your child about:

- The importance of keeping private parts private
- Respecting other people's personal space and boundaries
- Speaking to a trusted adult if they feel uncomfortable or unsure about a situation

These conversations at home, alongside our teaching in school, will help ensure that children feel safe, respected, and understand what is appropriate.

To help with these conversations, the **NSPCC Pantosaurus campaign** provides excellent child-friendly resources, including videos and guides, to teach children the PANTS rules in a simple and memorable way:

- **Privates are private**
- **Always remember your body belongs to you**
- **No means no**
- **Talk about secrets that upset you**
- **Speak up, someone can help**

You can access the resources here: <https://www.nspcc.org.uk/advice-for-families/pants-underwear-rule/>

If you have any questions or would like further advice/resources on how to approach these conversations, please do not hesitate to contact your class teacher. We are here to support you and your child.

Thank you for working with us to keep our school a safe and positive place for everyone.

Kind regards,

**Mrs E Barton**

Deputy Headteacher & Designated Safeguarding Lead